

Dear Employment Agency Key Appointment Holders and personnel

With effect from 1 Jan 2023, migrant domestic workers (MDWs) must have at least one rest day each month that cannot be compensated away. This allows MDWs to rest and recharge from work and form networks of support outside the household.

Please inform newly matched MDWs and their employers of this new policy and encourage them to refer to the following resources:

- To help MDWs and employers discuss rest day arrangements, MOM has produced [A Guide for Employers: Preparing for your MDWs' rest day](#). The guide shares practical tips for employers in discussing rest day arrangements with their MDWs and information on alternative care options if required.
- To enable MDWs to spend their rest days meaningfully, Non-Governmental Organisations such as the [Foreign Domestic Worker Association for Social Support and Training \(FAST\)](#) and [Aidha](#), organise a variety of recreational programmes and activities for the MDWs.

Do also remind employers who have indicated that their MDWs currently do not have a rest day to update their rest day information via the FDW eService portal by 1 Jan 2023. If they fail to do so, they may not be able to renew their MDW's work permit.

You may refer to our [website](#) for more information. Thank you.

Yours sincerely

Kevin Teoh

Commissioner for Employment Agencies

Ministry of Manpower